Select Plan

Important enrollment information

Enrollment in the Select Plan is only available to employees and dependents who reside in New York State within the counties listed here.

If you reside outside of these counties, you have the option to enroll in any of the other Medical Plan options available to you (PPO, EPO, or POS).

The Select Plan utilizes the Blue Access Network. If you need assistance finding an in-network provider, please contact RENEW at 631-465-4300.

If you are enrolled in the Select Plan and move outside of the counties listed here, you will be required to change your Medical Plan election to one of the other plans you are eligible for (PPO, EPO, or POS). If you do not take action, you will be enrolled in the POS Plan.

List updated November 2026.

You must live in one of the following counties to enroll in the Select Plan:

- Albany
- Bronx
- Clinton
- Columbia
- Delaware
- Dutchess
- Essex
- Fulton
- Greene
- Kings
- Montgomery
- Nassau
- New York
- Orange
- Putnam
- Queens
- Rensselaer
- Richmond
- Rockland
- Saratoga
- Schenectady
- Schoharie
- Suffolk
- Sullivan
- Ulster
- Warren
- Washington
- Westchester

